

# TIGER-CAT Q&A

Name: DALE SANDERSON

## CAREER

### 1. Tell us about how you got started in football and your amateur career.

Four years at Sherwood High School and one yr. of Jr football with the Hurricanes got the notice of Tiger-cats assistant coaches. A phone call from Gunther Cunningham to Dom Capers at the University of Tennessee led to a visit and a full scholarship offer.

### 2. How did you get started in the CFL? (draft, free agent, trade etc)

Selected by the Cats in the 1985 draft.

### 3. Do or did you hold any records?

Linemen don't receive awards normally, but I did make division all-star and was nominated three times for top lineman in the CFL during my career. Our breed just want to be recognized for being the best among our peers.

### 4. Do or did you have a nickname?

Team mate Mike Campbell called me Sandman

### 5. Tell us about some of your fondest memories with the Tiger-Cats or in the CFL.

Most of the best memories happen off the field away from the game. Some of the practical jokes in the locker room or hotels while on the road were priceless. These are the things one remembers long past the playing days.

### 6. Who were some of the team-mates and opponents you admired the most and why?

Rocky DiPietro, Ben Zambiasi, Earl Winfield, Grover Covington to name a few I could go on

all day mentioning the guys that set the bar and dared or challenged others to follow.

### 7. Which coach did you respect or enjoy playing for the the most and why?

Head coach Al Bruno and positional coach John Salavantis. Most of us would have died for these two men.

### 8. Tell us about some of your favourite Grey Cup memories.

Played in three Grey Cups. Lost two and won the 1986 Cup. Obviously, nothing can compare to the joy, the thrill of winning it all!

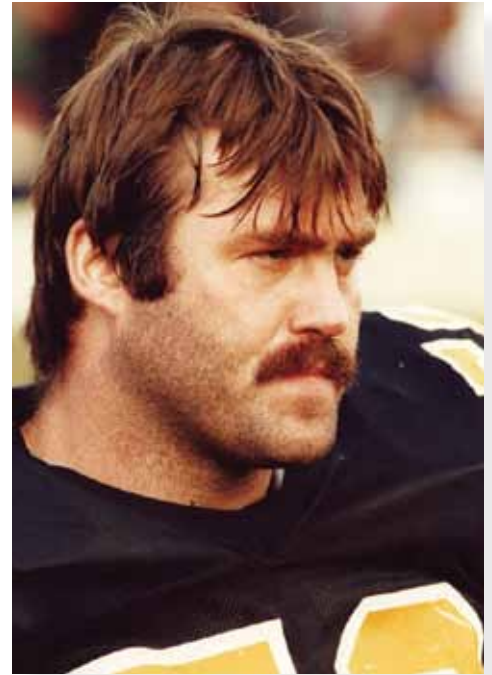
## POST CFL CAREER

### 9. Tell us about your life and career after playing/working with the Tiger-Cats or CFL?

I always believed when I was playing that nothing would ever match or replace the excitement of playing a sport professionally. I was right! Managers in the workplace now all preach about TEAMWORK! I usually laugh and walk away. They have no clue of what real teamwork is about, it seems to be a corporate buzz word they like to throw out from time to time to impress their bosses!

### 10. Tell us about your interests, hobbies, your passion or anything else you would like to share about yourself.

Always loved the outdoors, fishing, hunting, archery, bike riding. I'm afraid to stop moving, might not be able to get in gear again if I shut it down. Had to give up golf however. When it comes to hitting a small white ball, I just suck.



### 11. Share with us some of the places you've been or things you have experienced.

Been all over North America. Love L.A. , Florida and Vegas, been there four or five times. Standing inside the Alamo, where Davey Crockett met his end gave me goosebumps.

## THE GAME

### 12. What aspects of the Canadian game do you like the most?

Three down football is a much faster game than four down. I've played both. The football gets snapped twice as many times and changes possession twice as many times during the course of the game. The game is never over until the final gun, anything can happen at any time!

